

Community Based Mental Health Resources
Northern Counties: Putnam, Dutchess, Orange, Rockland, Ulster

24/7 Hotline-Helpline:

- Dutchess: (845) 485 9700
- Rockland: (845) 364 8600
- Orange: (800) 832 1200
- Ulster: (845) 838 4800
- Putnam: (845) 225 1222.

HEAP, SNAP, WIC: www.mybenefits.ny.gov (all counties)

Single Point of Access:

- 347 396 7258 (all counties)

Local Medical Transportation:

- 800 850 5340 (all counties)

County Health/Public Health:

- Dutchess: (845) 486 3535
- Rockland: (845) 364 2620
- Orange: (845) 291 2600
- Ulster: (845) 647 2343
- Putnam: (845) 808 1390

County Mental Health:

- Dutchess: (845) 485 9700
- Rockland: (845) 364 2375
- Orange: (845) 291 2600
- Ulster: (845) 340 3150
- Putnam: (845) 808 1500

County Children's Services:

- Dutchess: (845) 486 3000
- Rockland: (845) 364 3535
- Orange: (845) 291 2610
- Ulster: (845) 334 5400
- Putnam: (845) 808 1500

County Social Services:

- Dutchess: (845) 486 3300
- Rockland: (845) 364 3888
- Orange: (845) 291 2600
- Ulster: (845) 334 5000
- Putnam: (845) 808 1500

County Chemical Dependency Clinics and Addiction/Recovery:

- 1-877-8-HOPENY (all Counties)

Developmental Disabilities Services:

- Dutchess: (845) 485 9700
- Rockland: (845) 364 2020
- Orange: (845) 291 2620
- Ulster: (845) 334 5280
- Putnam: (845) 808 1641