

Community Based Mental Health Resources

New York City

24/7 Hotline-Helpline:

- 888 692 9355 or 911

HEAP, SNAP, WIC: www.mybenefits.ny.gov or 311

- WIC (800) 522 5006
- SNAP (718) 722 8013
- HEAP (800) 692 0557

Local Transportation:

- (877) 337 2017

NYC Health/Public Health:

- (212) 368 4500

NYC Mental Health:

- (888) 692 9355

NYC Children's Services:

- (212) 289 2780

Single Point of Access: SPOA@HealthNYC.GOV

NYC Social Services:

- (212) 331 6000

NYC Chemical Dependency Clinics and NYC Substance Abuse/Addiction and Recovery:

- 1-877-8-HOPENY (all of NYC)

Developmental Disabilities Services:

- (646) 728 4533