

**Community Based Mental Health Resources**  
**WESTCHESTER COUNTY**

**24/7 Hotline-Helpline:**

- (914) 813 5000

**HEAP, SNAP, WIC:**

- (914) 995 5534 or [www.mybenefits.ny.gov](http://www.mybenefits.ny.gov)

**Local Transportation:**

- 866 883 7865

**County Department of Health/Public Health:**

- (914) 995 5800

**County Department of Mental Health:**

- (914) 995 5220

**County Department of Children's Services:**

- (914) 995 5027

**Single Point of Access:**

- (914) 995 5245 or [spoa@westchestergov.com](mailto:spoa@westchestergov.com)

**County Department of Social Services:**

- (914) 995 5800

**County Chemical Dependency Clinics:**

- (914) 995 6191

**County Substance Abuse/Addiction:**

- 877 846 7369

**Developmental Disabilities Services:**

- (914) 995 5225