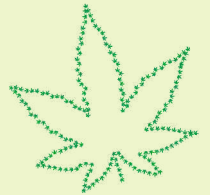


# MARIJUANA



Marijuana is the most commonly used illegal substance in the U.S. and its use is growing. Although, there are a number of states with legal commercial sale of marijuana, including NY, it is not legal anywhere for anyone under the age of 21. Marijuana use among all adult age groups, both sexes, and pregnant women is going up. The perception of how harmful marijuana use can be is declining. Young people today do not consider marijuana use a risky behavior. There are real risks for people who use marijuana, especially youth and young adults. Today's marijuana is stronger than ever before. People can and do become addicted to marijuana. Contrary to popular belief, *marijuana is addictive*.

## Research Shows



Approximately 3 in 10 people who use marijuana have marijuana use disorder.

For people who begin using marijuana before age 18, the risk of developing marijuana use disorder is even greater.

Marijuana use directly affects the brain, specifically the parts of the brain responsible for memory, learning, attention, decision-making, coordination and emotion. Youth are especially susceptible to the adverse effects of marijuana.

***Over the past few decades, the amount of THC in marijuana has steadily climbed; today's marijuana has three times the concentration of THC compared to 25 years ago.***

## Resources for Parents

(Click on image links)

DrugFacts

Cannabis (Marijuana) DrugFacts

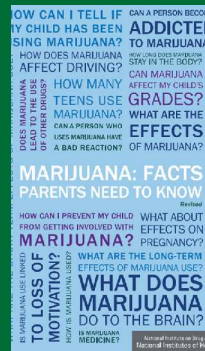
Partnership to End Addiction

Marijuana Resource Center

Start A Conversation: 10 Questions Teens Ask About Drugs and Health (NIDA)

MARIJUANA USE AND TEENS (CDC)

Learn About Marijuana Risks SAMHSA



One of the most influential factors to prevent youth substance use is a strong, open relationship with a parent or caregiver.

**You can make a difference!**

Please note that our listing of any organizations does not constitute an endorsement but is rather offered for informational purposes. Sites listed are not associated with the Archdiocese of New York or ADAPP and we are not responsible for their policies, the views they express, the products and services they offer, or the content of their materials or websites.

